

## *Meet Our Speakers*

**KAREN BOOTH** serves as West Central Deanery CCW President and Christ Our Redeemer CCW Leadership Commission Chair. She is a cradle Catholic, and she attended parochial school for six years. She received a Computer Science degree from Utica College in her early 30s and enjoyed being a stay-at-home mom to her three daughters.



After returning to the workforce, she was a technical writer before quickly becoming a software engineer and later serving as the program manager for the team who developed the Florida Department of Children and Families Childcare Training database program used across the State of Florida. Karen and her husband Beau have five children. Now semi-retired, she serves as the Fundraisers and Grants Coordinator for Christ Our Redeemer Parish.

Karen was born in Caribou, Maine and has three brothers and three sisters. As a military spouse, she has lived in Maine, Alabama, California, Alaska, New York, Germany, Colorado, and Florida. Each move provided opportunities to learn from experienced leaders and dedicated volunteers, gain knowledge of programs and processes, and recognize the importance of asking for and offering support. She loves how serving Christ brings joy to others.



**DANA FREDRIKSSON** has been a member of the Cathedral of the Sacred Heart in Pensacola for more than 35 years and currently serves as President of the Cathedral of the Sacred Heart Council of Catholic Women (CSH CCW).

Dana became active in parish ministry in the early 1990s as a Eucharistic Minister. In the early 2000s, she served as Vice President and then President of the Ladies Sanctuary Society, which later became part of the CCW. After taking time away from CSH CCW to volunteer extensively with her children's school and extra-curricular activities, Dana returned to leadership and was elected President of the CSH CCW in 2022.

Dana earned her Bachelor of Science in Nursing from the University of West Florida and began her nursing career at Baptist Hospital in 1990. She continues to serve at Baptist Hospital as a surgical nurse and educator. She has been married to her husband, Ken, for 30 years, and they have four grown children. Her hobbies include volunteering, crafting and sewing.

On January 4, 2002, **JOAN WALKER** encountered the real presence of Christ during a Eucharistic Holy Hour. That moment began her quest to know Jesus better, not just as savior and redeemer but as a best friend and the perfect man. Five years of Lay Ministry Formation gave her knowledge about the Church and Scripture, and 15 years of working in a parish office allowed her to put the knowledge of faith into practice of the faith. Joan attended many diocesan workshops and faith formation days, as well as parish missions, pilgrimages, conferences – anything to learn more about Jesus and how to get closer to Him. She was always eager to share her faith through RCIA, Children's Liturgy, Youth Ministry, and with anyone who had questions.



Joan attended a DCCW Convention in 2014 and discovered a sisterhood of like-minded women in CCW. She served as President of the East Central Deanery and shortly afterward was appointed Spirituality Commission Chair for the Florida CCW. She was later elected Vice President and then President of the Diocesan Council. Joan is currently serving as Spirituality Commission Chair for the DCCW Board.

## *Keynote Speaker*



**RACHEL BULMAN** has been married for over 17 years, and her husband Jason is a permanent deacon. They live in central Florida with their six children ranging from four to 15 years old, the youngest being twins.

Rachel has been Catholic since 2008. She was raised in the evangelical Assemblies of God denomination and developed a devout love for God during her youth. After college, she met her husband and was exposed to the Catholic Church. She attended her first Mass, fell in love with the beauty of the sacred Mass, and often describes it as finding “home.”

Rachel is a national speaker, author, retreat leader and Catholic media personality. She served as editor for *Word on Fire's* “*With All Her Mind: A Call to the Intellectual Life,*” a collection of essays exploring the intellectual life for women, and she authored *Becoming Wife: Saying Yes to More Than the Dress* (*Our Sunday Visitor*, June 2023), a theological and philosophical reflection on being a wife.

She appears with her family in the reality series “Meet the Bulmans,” currently airing on the *Word on Fire Institute's* YouTube channel. Rachel and her husband wrote and recorded a novena for married couples on the Hallow App, and she co-hosts *Strong Voices*, a weekly radio show on Sirius XM’s The Catholic Channel. Rachel serves on the advisory board of The GIVEN Institute, and in her spare time, she enjoys reading a good book, a heavy blanket and her favorite beverage.

## *Additional Speakers*

**We will also hear speakers from the following organizations  
on Saturday, April 25:**

